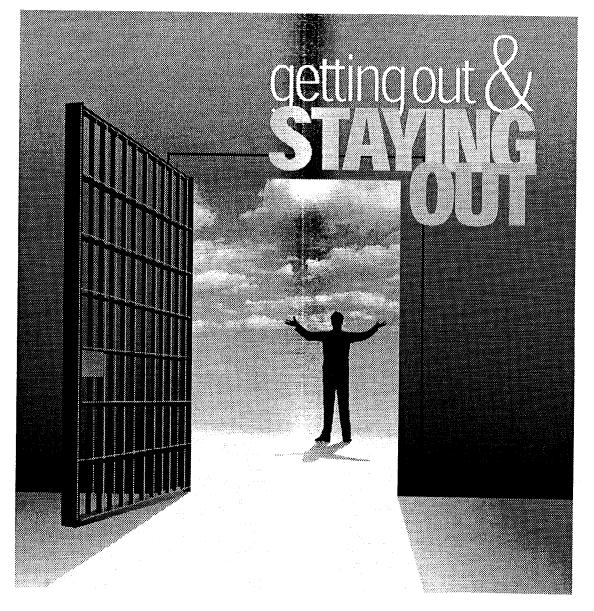
Alternatives to Violence Project Newsletter for Facilitators

theTRANSFORMER



by Paul Busby AVP-New York

have seen a convicted murderer come into a room and receive hugs from everyone in the room. I have seen the barriers of color, class, education, and "previous condition of servitude" erased. I have seen two people agree to disagree, and continue to love each other. Of course, this will not seem surprising to most people who are open to Transforming Power. It happens frequently in the AVP community.

Nowhere is this more true than in Landing Strip. Landing Strip is a support group for people who took AVP workshops in prison and those who facilitate in prisons. Members of the AVP family had dreamed for years of having some sort of place in which people coming out of prison could continue their participation in AVP while they made the incredibly difficult transition to freedom.

Back in the early '90s, AVP outside facilitators Paddy Lane, Paul Busby and Florence McNeill became very concerned about what was happening to AVPers who were getting out of prison. They learned from pre-release counselors that the first 90 days were crucial to success. At the same time, several prisoners who were about to be released from Sing Sing wanted to continue AVP in the streets. In April 1994 in New York City, ex-inmates Jim Forgione, Aaron McBride, Robert Smith and Pete Bell got together with Paddy, Paul and Florence and this dream finally gave birth to Landing Strip.

In the words of Safety Valve Sal, "Landing



Strip to me was a lighthouse full of air traffic controllers who helped me get my wheels back on the ground after circling the prison airfields for 25 years."

We still have dreams, of halfway houses, job referrals, educational opportunities, housing, and other things that would help AVP graduates stay out of the revolving door of the prison industrial complex.

What we have at this time is a support group which meets twice a month. Why do people come to Landing Strip? Members say, "I know I'm not going to get clothes; I'm not going to get housing; I'm not going to get a job. I know I'm going to get cookies and a snack and a token to get home if I need it." Landing Strip is a network; it's not just going to meetings. The Landing Strip is there every day. Landing Strip is the AVP family. Landing Strip is the one place where ex-inmates are welcome and can feel safe. They can talk about prison and the transition experience that family and friends really don't understand.

Reality Robert says, "Landing Strip is a place where my past convictions are not the emphasis as my transitional efforts."

Members share their experience, strength, and hope (to borrow a phrase from Recovery

groups), encourage one another, cry with one another, and most of all, perhaps, help one another to keep their priorities straight. Landing Strip tends to be a drop-in situation. Ex-prisoners show up when they need someone to talk to. It is a place where people can help each other and talk to people who have been through it.

"Landing Strip is a place where you can come to identify with situations about coming out of prison to help you adjust to the transition back to society," is the way Positive Pete expresses what landing Strip is about.

What do Landing Strip members say about successful transition? "Patience, "says one. "Preparation, preparation, preparation," says another. "First remorse, deep introspection of who you really are, ongoing self esteem," says a third. Another finds that "Family, a lot of love and support and just not forgetting where you came from and what you've been through," are the key elements.

Life is hard in jail, but ex-offenders frequently run into so many roadblocks that they find life on the outside is even harder. Rejected for jobs, rejected for housing, rejected by families. Sometimes ex-prisoners become so discouraged that they are ready to "throw a brick." (That is, throw a brick through a store window to get arrested and get thrown back in jail for a parole violation.) Landing Strip is a place to come to talk about these problems. I know of situations in which a Landing Strip member lovingly helped another to make the right decision, the decision that kept the other from going back to prison.

Ex-prisoners want to give back. They especially want to work with youth to help them avoid the mistakes they made themselves. Last sum-

mer, two Landing Strip members along with a community facilitator led a remarkable workshop that helped to resolve a violent incident between two youth groups. Fourteen young people were facing charges that could have resulted in one to three years in jail. All of those involved in the conflict attended the same workshop. After the positive results in the workshop, all charges were dropped.

How do I start a Landing Strip in my area?

- 1. You need a small core group of outside facilitators and ex-prisoners who are committed to the process. It helps to have one or two ex-inmates who have been through the transition experience.
- 2. Network with prison coordinators to let them know about the program. Get the word out to your inside facilitators and workshop graduates. Most importantly, get home addresses and phone numbers of inmates before the get out. Then call them; don't expect them to call you.
- 3. Don't expect ex-prisoners to attend consistently. They are often overwhelmed by the problems they face. They will come when they need it.
- 4. Don't expect the same sense of community as in a workshop. A network of caring will develop but it is more informal.

Florence McNeill





Paddy Lane

What Strip to Me



by Delightful Dwayne Williams, AVP-New York

VP has had a tremendous impact on my life, On the inside, I lived a very sheltered, anti-social life. I just wanted to keep to myself and do my bid; I was reluctant to get involved in many of the programs. Anyway, my friend Kevin bugged me for the longest time to take my Basic, and for the sake of getting him off my back, I took the Basic.

AVP became a way of life for me. I got a sense of "realness" from the workshops. To be around all those "hardened criminals" and watch them open up about the issues in their life and break down and cry really touched me. It got to the point where AVP became a "source of strength" for me. I looked forward to the workshops and dreaded their conclusions. I am big on community and family values, and have received a sense of both from my workshops. I view my fellow AVPers as "family" I had the opportunity to choose. AVP has made me a better person, and I'm proud to be part of something so caring... something so real.

As for Landing Strip; it's the only place I feel comfortable being myself. It has given me the opportunity to connect with family that knows exactly what I'm going through. Landing Strip has been a provider of work-

shops, a listening ear, a shoulder to cry on, and above all else "unconditional love."

Other Voices from Landing Strip...

What needs does Landing Strip meet?

"I guess its a place I can go to realign myself."

"Emotionally it's like you could have the family who have been there all the time for you but there's some issues you need to talk to other people that's been in prison... it helps a lot just to have someone to talk to... someone who has been there before."

What keeps you involved?

"AVP is like my family... the encouragement I get from the people and the principles, that's what keeps me involved."

learning to COPE

by C. Lloyd Bailey, AVP-Delaware Valley

Sometimes freedom is a trap

Like,

When you've been in prison for years and years, When you have been dehumanized at every turn,

When you've survived by becoming a robot, When you've been released with no money, When you have few or no job skills, When there is no place as home,

When old friends are gone or must be avoided, Then freedom is a fantasy,

It's just another trap!

he Delaware Valley Council has been aware from its first visit to Graterford Prison that an even greater challenge faced by inmates than finding alternatives to violence, is what happens to them on release. The obstacles faced by many parolees upon release are so overwhelming that a productive life without crime seems impossible to achieve for oneself.

A concerned group of individuals in St. Louis, recognized this problem and set up a program to do something about it 25 years ago. It is called "COPE" which stands for "Congregation + Offender + Partnership + Enterprise."

The challenge is to make the right connections. The process is relatively simple. Project COPE interviews and screens applicants soon to be released from prison and selects those most likely to succeed with a little help from some friends. Project COPE then recruits and trains congregation-based teams of volunteers with one ex-offender of their choice and shepherds their partnership for one year.

Sometimes Project COPE is just someone to talk to. Sometimes it means help with job search, food, clothes, transportation or family counseling. COPE is always radical hospitality, a fresh start, people power, teamwork, tough love, an act of faith.

The Gynedd Friends Meeting, having become aware of the St. Louis program and through the intimate association with AVP, are in the process of establishing a Project COPE for our friends in Graterford Prison. Please wish us well!

From Barbara Carter, AVP-Delaware

Home

ow do inmates cross the precarious and shaky bridge between prison and the street. How do ex-prisoners avoid becoming a recidivism statistics? The Way Home offers a safe bridge to the street.

After serving as an AVP facilitator and working with a prison bible study group, Barbara Carter decided to build a bridge. In 1998, she put together a proposal for a comprehensive transition program for inmates in the Sussex Correctional Institution in Delaware.

The program begins in prison by helping inmates put together an Action Plan for Release. After release, The Way Home helps with housing search, job search and transportation to work. A support group for exprisoners helps to build bridges to family and the community. The Way Home also offers mentoring by pairing newly released prisoners with older ex-prisoners that have successfully made the transition to the street.

The Way Home opened its bridge in October 1998 and there are now 26 participants making a successful transition to the street.

There will be more information about The Way Home in the next issue of the Transformer.

What is Slam? Poetry.

When is the last time you went to a poetry reading? There are many poets in America but a very small audience for poetry. Most wouldn't get caught dead at a poetry reading. This is not new. 2,000 years ago every educated Roman was expected to be a poet but no one wanted to go to the poetry readings. Pliny the Younger wrote a humorous essay about all the excuses Roman citizens used to avoid offending their friends. Some said that they were ill with phlegm, others only walked in when the reading was nearly over, and some went to the baths instead and sent their slaves to the poetry reading.

Well, Slam Poetry has changed all that. It has made poetry reading a spectator sport. Slam Poetry started about 20 years a go when a group of poets assembled in a bar to read their poems. Three people were selected from the audience to rate the poems from 1 to 10 like the judges in an ice skating competition. The contest was open to all, and poets competed for the highest score.

Slam Poetry has come to Sing Sing. The AVP Poetry Workshop has been meeting every week since June and usually attracts at least a dozen poets. Although they don't rate the poems, each person is expected to participate. All the participants are given an assignment to write a new poem every week and recite the poem for the group. The topics are about Transforming Power and other AVP themes. The workshops have been organized by insider, Tyrone Waters and outsiders, Luther Sanders and Meribeth Seaman.



Elemental H^{AIKU}

- I Upon still water,
 waves envelop a date
 palm,
 because a stone
 falls...
- II The tree becomes shaped to, to the wit of the master,

with intricate hands.

III Ignited by spark, the fire burns blazingly, from a gentle

breeze...

IV Carried by the wind, feathers float to lofty heights, just to softly land...

Elements are these, water, earth, fire and wind, life's necessities.

K.A.W.

Luther Sanders

WE WERE Visions

We were visions
in the womb
Warm
Safe inside
Our Mothers and God
The hope of tomorrow
Afraid of yesterday
Afraid of today
Afraid of all except
You

Suddenly We were loved Warm again Safe inside Our Mothers and God Warming us Securing us Loving us Teaching us Trusting us Protecting us Unafraid of us Being The hope of tomorrow The purpose of your mystery The pages of your being

We are Visions

Singing

Tyrone Waters

Does Cestorative Really Work

How do we get out of the "lose-lose-lose" criminal justice system where the victim loses, the offender loses and the public loses. Why isn't the present correctional system working and why is the recidivism rate is so high? These were some of the hard and tough questions asked by John Perry, Director of Planning, Department of Corrections for Vermont.

He explains how we got into the present mess, ranging from Moses and the 10 commandments, to the harsh justice of Draco in Ancient Greece. From the community justice of Danelaw in Anglo Saxon England to William the Conqueror who brought his harsh sheriffs to impose his will, fill his treasury and punish any Robin Hood who objected. And finally to our current penitentiary system.

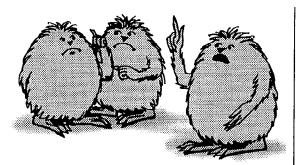
He has conducted public opinion surveys on acceptance of the current prison system (the public hates it) and found out that the public would prefer a restorative approach instead.

In addition, he had some answers about how win-win-win solutions can be achieved. This was backed up with recidivism research. He has developed a restorative justice program in Vermont that meets the needs of both victims and

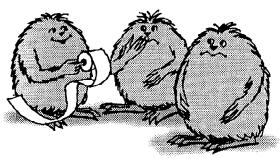
offenders and in addition has reduced recidivism rates. Minor offenders are referred to community boards rather than the courts. Victims, offenders and community members work out appropriate sanctions to meet the needs of all. With lower recidivism rates, fewer minor offenders become major offenders.

Most impressively, he has sold this program to the State Legislature in Vermont. The program is now functioning in every county in the state. This program gives hope and a positive model for change in the corrections system of this country.

John Perry will be the keynote speaker for the AVP-USA Annual National Gathering over Memorial Day this year!



Where's the T.P. in this role play?



Right here, chief!!!!

AVP 2000 CONFERENCE

September 15 to 17, 2000 in Oxford England

The theme is: Cultures and Conflict: alternatives to violence across the globe.

This is a wonderful opportunity to network with facilitators from Europe and around the world. Facilitators will share their experiences and new exercises in mini-workshops.

The place is Walden Hall College, Oxford University. This will include two nights accommodation in one of Oxford's most ancient colleges and all meals. For those who would like to stay longer, Oxford can provide the take off point to tour England. Several options are available. (See below)

The cost for the conference will be only £120 (about \$195US). Additional night's B&B ac-

Oxford University, Oxford, England • September 15-17, 2000

commodation is available at about £30 (about \$45US).

Because of the high cost of international money orders (IMO), it is recommended that Americans pay the full fee for the conference to reserve space.

Oxford is very easy to get to directly from London Heathrow (we will provide travel directions from all major points of entry upon receipt of registration).

Charles and Susan Oraphalo are working to put together a charter flight from the East Coast of the US. For information contact:

e-mail: oropallo@tiac.net fax: 603-924-9867 phone: 603-924-6759

2000 AVP International Conference Registration Form

Name	Adjective name	Sex
Street	Apt. No	E-mail
City	State/Country	Postal code
Fee enclosed \$(£1	.20) Make International Money of	rder payable to: AVP
I am interested in one of the fo		
Option of B&B accommoda the conference in Oxford at college at specially negotiate Option of staying in central competitive rates before or at the Ouaker International	the historic Oxford ed lower rates London at very after the conference The p AVP vide l	n of participating in a prison workshop acilitator (limited availability only) possibility of networking with other facilitators across Britain who may pro- hospitality for those visitors who will

Send to: Tony Gross, AVP Conference Administrator, Partners in Evaluation, PO Box 245 Amersham, Bucks HP6 5RP UK or e-mail: tony@evaluation.u-net.com he 2000 Annual Meeting will be held at the Capuchin Fathers Youth Center in Garrison, NY. The Meeting starts on Friday evening, May 26, and ends on Monday, May 29, (Memorial Day) after lunch. All facilitators are invited to attend.

What's going on at the conference?

- Focus on Restorative Justice and Prison Reform The keynote presentation will focus on Restorative Justice and reform of the correctional system. We will have an outstanding leader, John Perry, who is the Assistant to the Commissioner of Corrections in Vermont. (See article on page 7)
- Focus on AVP after Prison We will learn about programs such as Landing Strip and other programs for ex-prisoners.
- 25th Anniversary of AVP We will celebrate 25 years of growth from one work-

shop in Green Haven Prison to a program in more than 30 states and 25 countries.

- Many Mini-workshops and discussion groups will offer new ideas on topics such as youth workshops, new exercises etc.
- Important Committee Meetings Committees are the heart of AVP-USA and all of the committees will meet over the weekend.
- The Annual Meeting will focus on the future of AVP/USA.

2000 AVP-USA Annual National Gathering Registration Form

Capuchin Youth Ministries, Route 9, Garrison, NY • May 26-29, 2000 I would like to register for the Annual National Gathering

Name	Adjective name	Sex
Street	Apt. No)
City	State/Country Postal code	2
Phone: Home	Worke-mail	
Deposit enclosed \$\$40.00 ea Early registration \$130.00 (Before May Late registration \$150.00 (After May Make checks payable to: AVP/USA	7)	Valid thru

Please fill out reverse side of form with travel plans and mini-workshop suggestions.

Send registration form and deposit to: Tom Truitt, 2 Reed Court, Chestertown, MD 21620

- Ex-prisoners are Invited We encourage local groups to reach out to recently released prisoners and will offer scholarship support to these who need it.
- Accommodations and Location The Capuchin Youth Center is located in the Hudson Highlands about 50 miles north of New York City. The location is rural, wooded and private. Accommodations will be dormitory style to keep down costs.
- An Affordable Cost: The total cost of the weekend will be only \$135.00 including nine meals. The deposit required is \$40.00. If you need scholarship assistance, please contact your local AVP Group or Tom Truitt, the AVP-USA registrar. (Phone: 410-810-3646 or e-mail: Tom Truit@intercom.net)
- Travel Pool: To make the conference affordable to facilitators in the Midwest and

Far West, a travel pool has been established to reimburse part of your travel costs. The fee includes a contribution of approximately \$25.00 to the travel pool. All participants will be asked to turn in their actual travel expenses (cost of gas, airline tickets, etc. rather than mileage). The travel pool will pay all costs above an established level. The established level will depend on the total travel cost of all participants.

Those flying should book to Stewart Airport (Delta and American), White Plains (Delta, Northwestern, United, USAir) or LaGaurdia Airports. Arrangements can be make to pick you up at the airport. Please indicate arrival times, airport and airline on your registration form. If driving, the registrar will be glad to send directions to you.

To reserve your space, please fill out both sides of the registration form below.

Travel I will arrive on May atam/pm	If driving, I need directions I will take pas-
I plan to travel by Air; Car Train/Bus	sengers or pick up attendees at airport.
If flying, please pick up atairport	Special diet
Airline Flight Arrival time	Other special needs
If taking train, please send Metro North schedule	
Mini-workshop Topics I would like to s	see a mini- workshop on: (List Topics)
I am willing to lead a workshop on: (List Topics)	
If you can lead a 1 1/2 hour workshop, please include	an outline agenda for the program.

A powerful new exercise...

The Court Exercise

Purpose: To look at similarities and differences in our life experiences and the stereotypes we may have about the groups included. (This can build community and can be a light exercise or a very powerful exercise depending on the groups included. However, watch out for emotional reactions to sensitive issues.)

Time: 30 minutes (Take less time for reflection in a youth group)

Materials: A list of 8 to 10 descriptions that are appropriate to your group. (See below)

Procedure: Setup

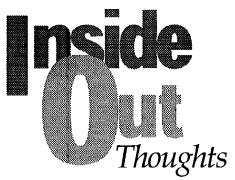
- **1.** Have the group stand on one side of the room and draw an imaginary line across the center of the room.
- **2.** Say: "I will read a number of descriptions. If the description is true for you as you define it, please cross over to the other side of the room. You do not have to move if you choose not to. Please keep a respectful silence during the exercise."
- **3.** Start describing groups: Please cross over if... (listed below are some categories that have been used in prison workshops)
- All who are only children
- All those from families with five or more children
- All those who were born outside the U.S.
- All those who were born in the South
- All those who were raised in a rural area
- All those who have been married

- All those who have visited a foreign country
- All those who speak a second language beside English
- All who grew up in single parent families
- All those who have been divorced
- All those who lived in a home with alcohol or drug problems
- All those where there was physical or sexual abuse in the family.
- All those whose families have been on food stamps.
- All those who have been in a fight where someone was hurt
- All those where a family member or close friend has been killed
- All those who have been shot or stabbed
- **4.** As each group crosses over, ask them to respond silently (or if you have more time, verbally) to the following questions:
- a. How did it feel to be a member of this group?
- b. What were the problems in being a member of this group?
- c. Did you feel sadness, fear or pain?
- d. How did this experience affect your life?
- **5.** Then ask them to return to the other side of the room. Repeat with the next category.

Processing: Then be seated and gather in a large group to process the exercise.

- What happened? What feelings came up?
- Did you learn something new about anyone?
 Were you surprised by what you learned?
- What did you learn about yourself?
- Did you find any common thread?

This exercise may be used in the first of second session of an Advanced Workshop. It can be a very heavy exercise so the group needs to be in the right mood. It is an excellent way to focus on personal experiences with violence prior to selecting a theme for the workshop. In prison workshops, you nay find that half the participants have been shot or stabbed.



How do AVP outside facilitators think of their inside counterparts? I believe the reason for such a question is a soul-searching issue worthy of exploration and discussion.

I have noticed that in NH, qualifications of community facilitators are seldom, if ever, questioned. The presumption here seems to have been that if individuals in the community attend the Basic workshop - then participate in the Training for Trainers - they are ready to start facilitating as apprentice facilitators. You'll notice that something is missing: the Advanced workshop!

Incarcerated individuals in NH, on the other hand are always required to participate in an Advanced workshop. Is such a dichotomy the message we want communicated?

One thing I believe is that AVPers need to always be vigilant of is how easily we can fall prey to the US versus THEM attitude. This goes for both the inside and outside facilitators - although I have seen far more outsiders display this attitude.

For example, some community facilitators actually fear that inmates might discover personal information about them - like the name of the town where they live. This really baffles me, since inmates have access to telephone directo-

ries - if not directly, then through their friends in the community. I am not saying we should hand out our addresses and phone numbers - I am merely questioning the motives of community facilitators about issues of trust. Isn't trust a major goal when facilitating workshops?

Community facilitators speak of the difficulties trying to understand what seem to be petty, arbitrary decisions made by these bureaucracies. Unfortunately, the same individuals may not notice when when they make desisions without consulting their inside counterparts.

I just don't believe it has to be that way. In fact, isn't that US versus THEM part of what we AVPers have sought to change?

I don't believe AVP is about "going in there to teach them" anything. The best people I have ever seen facilitate workshops are willing to share - and they ultimately learn more about themselves as well as the problem of violence - they are good at accentuating the inherent goodness among us as humans. The best facilitators - both inside and outside - are capable of guiding the workshop toward its goal while allowing each participant to benefit from the experience of discovery. After all, that is why we put on experiential as opposed to didactic workshops, isn't it?

Part of how I see this to be a problem for AVP in the long run is in the very practical aspect of maintaining a dedicated, reliable, active facilitation force. I'd find it hard to guess the number of inmates who receive training from AVP each year. Most are released from prison and never heard from by AVP again. Where are they? Why don't they continue their involvement? No one feels the pain of prejudice, bias and mistrust as sharply as their recipient. I would suggest that we remind ourselves every now and then of why we facilitate workshops.

Cavp-usa contacts

New AVP-USA address and phone: To reach the AVP-USA gatekeeper for information: Write to: AVP-USA, 821 Euclid Avenue, Syracuse, NY 13210 Phone: 713-747-9999 or E-mail: avp@avpusa.org

Manuals and Publications: To order manuals and publications, please contact Alan Taplow at the AVP Distribution Service, 844 John Fowler Road, Plainfield, VT 05667, 802-454-4675, ataplow@bigfoot.com

Regions Now that AVP-USA has decentralized, regional representatives have been established to provide information. Please contact the representative for your area:

New England: Robin Willits: 603-431-7258, rdwillits@mindspring.com

New York: Candace Mayer: 315-457-1374, candacemyr@aol.com; Grace McGrath: 802-388-6576, gmcgrath@sover.net

Mid Atlantic: George Sinnott: 301-963-9245, gsinnott@his.com; Tom Truitt: 410-810-3646, tomtruit@intercom.net; Ann Ward: 814-234-4978, ajw109@psu.edu

South East: Eduardo Diaz: 305-255-5817, avpmiami@aol.com

Midwest: Mike Bischoff: 612-321-9787, fnvw@mm.com; George Brose: 937-293-0357

South Central: Jan Krouskop: 318-797-1412, jankrouskop@usa.net

Rocky Mountain: Chelsea Kesselheim: 307-332-6518, ouzel@rmisp.com

Northern California: Diana Bracy: 510-524-3665

Pacific Northwest: Jim Williams: 503-246-7345, jovialjim@aol.com

South West: to be determined

Take a trip to the AVP Web Sites

AVP-International New Web Site Address

http://www.avpi.freeserve.co.uk

Please visit it and see the new attractive format, complete with flags of countries where AVP is active. Is your flag there?

AVP/USA Web Site

http:/www./avpusa.org

The AVP/USA Website has a new Members only Area. To enter the Members Page, you need:

User Name = member

Password = texashug

(NOTE: The above are case-sensitive).

This page is for AVP Facilitators only. Please maintain the confidentiality of the Password.

New AVP-Canada Web Site

http://www.avpcanada.b3.nu/

AVP-New Hampshire Web Site

http://www.avpnh.org

AVP-Miami Web Site http://www.homestead.com/avpmiami

AVP-Minnesota Web Site http://www.mm.com/fnvw

AVP-Bay Area California Web Site www.webcom.com/~peace/PEACTREE/avp/homepage.html



Queries on Anger

by Marian Klostermann, AVP-Nebraska

- Where do my anger and my violence come from?
- Do I let my pride make me feel like my image will be damaged if I admit that I am wrong?
- Why do I let differences between myself and others provoke my anger?
- Why does there always have to be a winner and a loser?
- After stepping down and swallowing my pride, how do I assure myself that I'm still a man?

- Is anger the only weapon with which I can defend my pride?
- Do I search out different creative avenues to resolve conflicts or am I stuck with one frame of mind, one way of handling situations?
- Do I let my emotions take control over my actions?
- Is my degree of anger proportionate to the incident that provoked it?

These queries were developed at an Advanced Workshop at the Omaha Correctional Center and prompted a most thought provoking and deep discussion. I must admit this is the first time I used queries in a workshop and I am convinced that queries are an outstanding way to introduce the topic of an Advanced Workshop. (Similar queries can be used for other topics such as fear, power and powerlessness, stereotyping, guilt, etc.)

Spanish anuals

Lhree versions of the Spanish Basic Manual are now available.

NJ Manual is a translation of the exercises commonly used at Spanish Basic Workshops. It is just over 50 pages in length and contains only the exercises - it is not a full translation but has been found to be quite useful. The cost is \$5.00 each plus \$3.20 shipping for up to

3 copies and \$1.00 shipping for each additional 2 copies.

Costa Rica Manual This is a complete Basic Manual, 200 pages in length, and was translated under the direction of Celina Garcia. The cost is \$20.00 + \$3.20 shipping for the first copy and \$1.00 for each additional copy.

Columbia Manual This is also a complete Basic Manual including all exercises, introduction, TP, agendas, role plays etc. The cost is \$15..00 + \$3.20 shipping for the first copy and \$1.00 for each additional copy.

Order from:

Alan Taplow, OMlet Publications 844 John Fowler Road Plainfield, VT 05667

Make checks/money orders payable to Alan Taplow

(If blank, subscription

How to order Manuals & Publications

Now that AVP-USA has decentralized, manuals mau now be ordered from the AVP Distribution

now be ordered from the	PAVP Distribution
Service in Vermont.	
* Basic	\$ 7.50
* Advanced (2nd Level)	\$10.00
* Training for Trainers	\$10.00
i * Supplement to Basic & Δα	dv. \$10.00
: AVP Organizing Kit	\$10.00
i √ Nonviolence & Communit	hy \$ 3 00
Good description of AVP in acti Pendle Hill Pamphlet # 323	ion
√ Background Packet	
by John Shuford	\$ 2.00
+ AVP Brochures	\$1E 00 /
Can be customized for your oron	\$15.00/c
Can be customized for your group \$15 one-time setup on first orde	r.
Custom Printed Certificate	s \$20.00 / c
Call for information & samples of	of Certificate.
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* \$4.00 first item, \$1.00 each ac	dditional
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+ \$3.20 first 100\$1.00 additi	onal 100s
Call for rate on orders of more th	an 10 items.
	
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