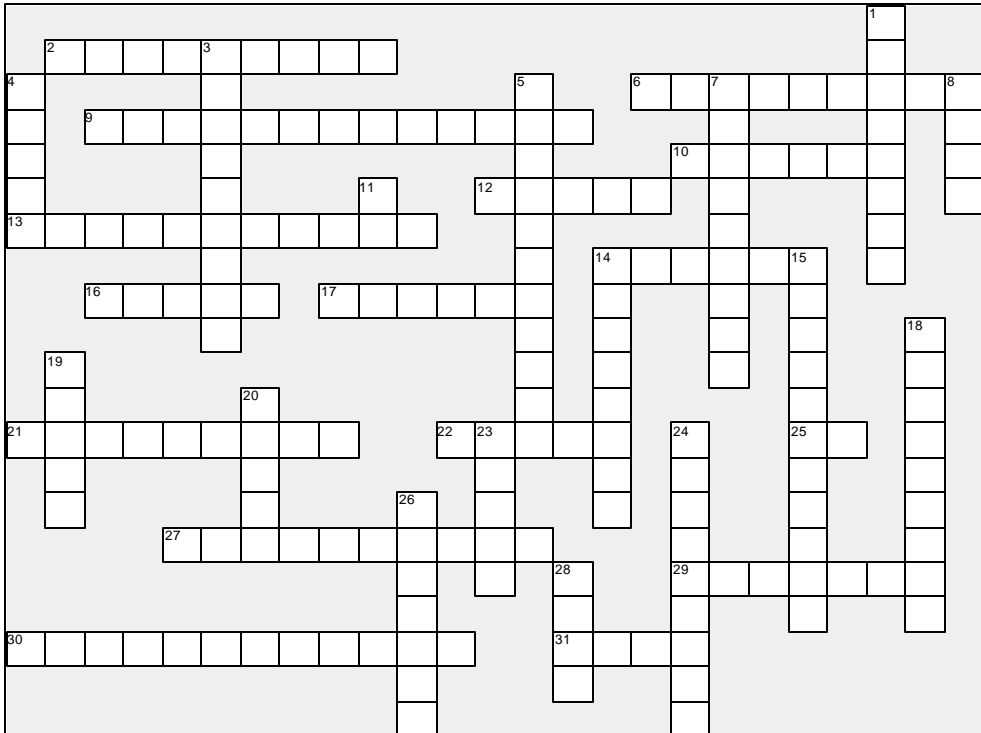


the TRANSFORMER

Affirming Cross Word Puzzle for AVPers



Cover idea and clues by Susan Oropallo

Solution available next issue or now at <http://theTransformer.us>

ACROSS

- 2 AVP naming component
- 6 "Quick -----"
- 9 A cornerstone to expression
- 10 Location of incarcerated participants
- 12 Goes with lift, leap or circle
- 13 Accountable
- 14 Workshop plan
- 16 HIPP direction
- 17 Longest editor of "The Transformer"
- 21 Participant in a workshop
- 22 Start here...
- 25 Change begins with ...
- 27 Site credited for AVP beginnings
- 29 Enable
- 30 Derived from personal action or event
- 31 International peace group

DOWN

- 1 Shared human experience
- 3 Group formed through common experience
- 4 Emotion with many expressions
- 5 Benefit recipients of AVP (among others)
- 7 Method to reach group agreement
- 8 Environment goal of facilitation team
- 11 Exercises to relieve tempo in workshops
- 14 Workshop for participant selected focus
- 15 Positive statement
- 18 Change or become
- 19 First step for facilitators
- 20 Global goal of AVP beginning with each person
- 23 Founder of AVP
- 24 Time to focus
- 26 Symbolic depiction used with TP
- 28 Group of facilitators

New Zealand hosting the International AVP Conference in Jan 2004!

*Rere Stroud (Rainbow Rere)
National Coordinator
Otorohanga, New Zealand*

**TENA KOUTOU TE WHANAU O
AVP INTERNATIONAL, TENA KOU-
TOU, TENA KOUTOU, TENA NO
TATOU KATOA
NAUMAI, HAERE MAI KI TE HUI-
HUI NEI I TE AVP INTERNA-
TIONAL GATHERING O AVP
AOTEAROA/NEW ZEALAND 2004**



*Starting from those standing from left going clockwise – Peter Watson, Hamie Munroe, Linley Gregory, Dennis McFarland, Lowana Crawford, Fran Hintz, Ralph Johnson, Vivienne Aubrey, Hope Williams, Myra Giese, Ara Swanney & Rere Stroud.
Photo taken January 26, 2003 at Quaker Settlement, Wanganui.*

**Tena koutou, tena koutou, tena
koutou katoa. Greetings, greetings,
greetings to you all.**

**AVP INTERNATIONAL GATHERING
JAN 30 – FEB 3, 2004,
PAPAKURA MARAE,
SOUTH AUCKLAND,
AOTEAROA / NEW ZEALAND
(AVPIG International theme)**

**“Whaia e koe te iti kahurangi,
ki te hapai mo te tangata katoa.”**

**“Strengthening the hearts
strengthens the people.”**

YES! We are looking forward to having you all come to the AVP International Gathering, 2004.

The cost of the Gathering has been kept as low as possible and includes meals and accommodation. We trust that this gives some compensation for the cost of travel.

We will also hold AVP T4TL Training (Team Leader Training we have developed here) from Feb 6 – Feb 8 and if we have the numbers, there will be a T4F or AdvT4F (we may include Role Play Training with this).

Check the <http://AVPInternational.org>, or <http://AVPUSA.org> for details and updates. From Feb 3 – Feb 6, we will look for a place where we can rest together and prepare for the training workshops. Again, accommodation will be sought at low cost which we will share as well as the food and there may be a limit on numbers. Or you may wish to go and visit some tourist spots.

Check out <http://New-Zealand.com> Feb 6 is also a time of acknowledging the signing of Te Tiriti o Waitangi which is the founding document of our Bi-Cultural Nationhood.

For AVP to strengthen as an International Organisation international input is needed.

So please empower those who are coming from your region, by having discussion and sharing with us the thoughts, wonderings and concerns regarding the themes of this International Gathering.

Let your 'presence' be known even if you are not able to be 'present'.

YES! Leave your winter behind and come and bask in some Aotearoa sunshine and be embraced in some AVP Aroha (Love), AVPAotearoa style. YES!

Arohanui / God's Breath
Rainbow Rere

Signing on to the AVP-L list

*Peter Hoover (Persistent Peter)
Trumansburg, New York, USA*

AVP-L@CORNELL.EDU is a discussion list open to certified trainers of creative conflict-resolution workshops held under the auspices of the Alternatives to Violence Project, Inc., or its approved national (U.S.) or international equivalents. It is designed to facilitate communication among these individuals, with discussions to center around facilitation techniques, workshop exercises, and other useful information pertaining to the mechanics of facilitating AVP workshops. To preserve the confidentiality of workshop participants, please make comments about such individuals generic.

To subscribe, send an e-mail message indicating where and when you obtained your AVP facilitator certification, where you currently train, and any other pertinent information you care to include to the list owner, Peter Hoover, at prh4@cornell.edu.



Signing on to the AVP-L2 list

*Richard Krouskop (Rambunctious Rick)
Shreveport, Louisiana, USA*

Want to share your work with, or thoughts on: restorative justice, prison reform, school violence, the (.....Insert your favorite region here) conflict between (.....side A) and (....side B), etc.? That's what the AVP-L2 E-mail discussion group is designed for.

On AVP-L2, there are no restrictions: just "anything in which you think other AVP facilitators might be interested."

Email rick@krouskop.net to get signed up.

Communication: Body, Language, and Emotions My Experiences

*George A. Sterling (Gentle George)
Peterborough, New Hampshire, USA*

My life was a mess. I was out of balance. I was searching, but I did not know what I was looking for. I was lost and frustrated. It seemed no one was on my side, everything was either a struggle or a battle.

And yet, the local community saw me as successful. A complete paradox. My wife and I were at odds and thinking about separation.

Every day I woke up, my freshest part of the day, and headed off dutifully to work. As soon as the door to the office was unlocked and swung open, anxiety right down the middle of my chest became the emotion of the morning. Things closed in.

Relief came at two steps away from locking the door at the end of the day.

Once at home, the battles of the workday went unspoken. Loretta and I are not only married, we also own and run a business together. Bedtime left a feeling of guilt for things said and unsaid, getting ready to sleep brought a tense relaxation.

A course with the Newfield Network was recommended to me, and though I had no idea what it was, the people were so disarming, comforting and inviting, nothing else made any sense at all. I gave the course a 3-day trial in March of 2000. I was so taken by the 3-day trial that I signed up for the yearlong program.

The learning from this program was profound. I came alive with my nightly homework. Learning came with excitement I hadn't experienced since kindergarten.

I was surprised the problems borne by me are not mine alone. Unique maybe, but not original.

The core of the program is self-learning.

This work can be very painful. They make you ask questions. Some of mine: What keeps you from progressing? What history and culture holds you back, moves you forward? What does the voice in your head repeat, who said it to you first? How do you feel? What do you say to others when you're under pressure, how do you act? What do you want?

This program bit me like a bug and I was hooked on the study. Halfway through the program I learned there was a certification to become a Coach.

The reason I was hooked? I looked, felt, and talked about myself in new ways. I saw good and bad, I felt good and bad, and we studied language in a scientific way.

Most importantly for my growth, I got a lot of great coaching through the course. The value of being in a group, standing up speaking up and getting to a breakdown on an issue or topic, is momentous.

Sharing your emotions related to an event that keeps you from learning in any way, is magnified when done before your peers.

A fundamental concept is that we are three major components, body, emotions, and language, A body that communicates to us and the world through senses and emotions, a primary aspect to our humanness is language.

Society does not always provide learning about our body or its communications, emotions are often stifled, and most often we do not contemplate the interpretive meaning of what we say to others, let alone what we say to ourselves. Too often we are our own worst advisor.

Each day I entered my office, I felt anxiety and ignored it. But the stress did not go away.

At home eating dinner with Loretta, I became resigned that talking could not improve the problems we had. When commu-

nicating became unavoidable, we both resorted to historic stories as crutches of righteousness. There seemed to be no way out.

I contemplated various acts of violence. Physical submission, striking, psychological games, quitting, I indulged in mild forms of self abuse.

So what was going on here? My body was telling me it was allergic to the dust, fumes and stress of owning a printing business and that I wasn't getting what I needed out of it (it wasn't money).

At home I could not communicate the conversation my body was telling, I did not have the language skills and was carrying too much baggage to have a conversation for any kind of progress, only perpetuation of bad talks.

Since Loretta was everywhere that there was stress for me, I assessed her to be the problem. Loretta was not to blame. It was me.

Today Loretta and I still own the same printing business. However, I listen to my body, and have learned what it needs to keep working in a print shop environment.

I learned to respect and embrace my emotions and to explore them.

And, most importantly, I learned to communicate with myself and others to fill my needs, and to help others understand theirs. And get to a place of acceptance and peace as often as possible.

I have arrived at a place where I accept the bad crap that happened to me.

I still don't like it, and I won't forget it. But it happened, that was then, and this is now.

I try to live more in the now, the moment,

and plan for the future in a new way. With flexibility and with dignity for myself.

I have learned that emotions are more than a definition of feelings we have; emotions are predispositions to action.

Clearly my life is different than it was three years ago. The private George is closer in size to the public George.

The transformation happened quite quickly given the right tools and understanding. It took longer for family members to recognize the change in me, than the change to happen. It could not have hap-



pened without the help of concerned and dedicated caring people.

Sounds like AVP. Many of the exercises at Newfield are the same or similar to AVP. I really enjoy concentric circles, which provides for a conversation of understanding, and active listening at a fast pace. AVP's pattern of tough learning, followed by humor and Light and Lively, is wonderful. Getting the body involved in learning is key to continued and meaningful change. You can't have deep progress without the ability to laugh in safety, right at hand.

AVP is a well thought out and very professional program that helps many in ways we can not imagine.

A Tribute to Luther Sanders

*Fred Feucht (Fabulous Fred)
Pleasantville, New York, USA*

One of our outstanding facilitators died recently. Luther Sanders was an inspiration and a role model for many inmates. His life was one of the best examples of Transforming Power I have ever seen. Luther was active in AVP New York for about 10 years and attended at least one AVP-USA conference, so many AVPers around the country know him.

Luther was also a poet and led the *AVP Poetry Workshop* at Sing Sing Correctional Facility for years. His book of poems *The Road to the Kingdom* is about growth, forgiveness, and overcoming the obstacles in life.

Several hundred copies of his book of poetry, *The Road to the Kingdom* have found their way to the AVP Distribution Service, where they are available.

An obituary follows that I wrote for the *Westchester Word*:

You might expect that a black man that grew up in the Deep South in the '30s during the blackest of Jim Crow would be angry and hostile.

You might expect that a black man who grew up in a state where lynchings were common would be bitter.

I have never met a better example of unconditional love and transforming power than Luther Sanders. In fact, one of the poems Luther wrote about unconditional love was dedicated to bigots, saying, "They need our love also."

Luther grew up on James Island outside Charleston, South Carolina. James Island was where the slaves went when the slave

ships came into Charleston. Luther only made it to eighth grade and grew up speaking a dialect called Gullah rather than Standard English. There were only two kinds of jobs available to black teenagers in the '40s, picking cotton and caddying golf. Luther chose to caddy golf. In the process he learned Standard English and met Ben Hogan and Sam Snead.

When he came North, Luther started as a lowly sweeper on the Long Island Railroad. Eventually he rose up to become foreman at the LIRR Maintenance Shop. He moonlighted by driving a Gypsy cab but took out time to work on his golf game. Along the way, he went back to high school at night and earned his diploma when he was in his 30s. He became a student of philosophy and religion, and his heroes were Mahatma Gandhi and Dr. Martin Luther King, Jr. He worked to conquer his ego, arrogance, and anger. He became a poet and put his wisdom down on

Here's AVPUSA's address and phone:

Our thanks continues to go out to the St. Paul/Minneapolis office of the Friends for a Non-Violent World.

They have been receiving and routing mail and phone calls addressed to AVP/USA at:

AVP/USA
c/o FNVW
1050 Selby Avenue
Saint Paul, MN 55104-7259
1-877-926-8287

That phone number is *toll.free*:

1-877-WANT AVP

Our email address will remain the same:

avp@avpusa.org



Luther Sanders 1930-2003

paper in an inspiring book of poetry called "The Road to the Kingdom."

Luther served as an AVP facilitator for eight years and was a role model for the women at Taconic and the men at Sing Sing. He also led the weekly AVP Poetry Workshop at Sing Sing for four years. Luther was Transforming Power on wheels and he affected everyone he met.

When I last visited Luther in the nursing home, I said, "Luther, there is more work for you to do in the world." He replied by reciting one of his poems. He continued to be a missionary for transforming power and unconditional love to the nursing staff.

Luther had been fighting bone cancer for years and continued to lead AVP workshops in spite of the chemotherapy. In June he lost his fight. He was 73 years old when he passed away.

When I attended his wake, I had a strong feeling that the world needs more Luther Sanders. Now that Luther Sanders is gone, I believe that we all need to be the best Luther Sanders we can be!

Good-Bye Luther

*by Tyrone Waters (Warm Waters)
Sing Sing Correctional Facility
Ossining, New York, USA*

Here is a poem about Luther Sanders that was written by Tyrone Waters, a prisoner at Sing Sing.

Tyrone is a poet and has been an inside facilitator at Sing Sing for 14 years. He persuaded Luther to come into Sing Sing to lead the AVP Poetry Workshop.

**Good-bye Luther.
Our dear distant phrase
At the end of the wind.
Silencing a worldly poem
Into the rest of reality.
Chasing cabs and subway trains
Only to find you!
Your smile!
Your light proclaiming
"I am somebody!"
That Jesus inside,
That Martin Luther King, Jr.
That Buddha
That Mahatma Ghandi,
Voluntarily incarnated and
Voluntarily incarcerated,
Feeding courage and love
To those few who knew,
Who heard
Who felt the softness
The transformed characteristics
Within your spoken words.
Good-bye Luther.
Our dear distant phrase
At the end of the wind
To be remembered always,
Silencing a worldly poem
As you arrive -
Finally an your new heavenly home.
Good-bye Luther**

Arrogant

A poem by Luther Sanders (Lucky Lou)

It was way past midnight when I awoke from a sound sleep.

As I lay pondering my awakenss, I heard a voice calling my name.

It came from the direction of my living room.

I lay still for a few minutes

I wasn't sure what my ears had heard.

Then I was called again. this time it was louder.

Surprisingly, my wife, a light sleeper, was not disturbed.

I fastened my robe around my waist, slid my feet into my slippers and made haste to the living room.

Upon arrival I saw a man.

He had his back turned toward me.

And when he turned around, I recognized him; but, I knew him not.

He said his name was "Reality." I asked him to have a seat and as I sat face-to-face with Reality, he asked me this question:

"Do you know Arrogant?"

I felt a shudder in my soul. I almost shouted "Arrogant!"

I regained control of myself and answered the question.

I said "I know Arrogant, alright!"

I met him about five years ago when I became a born-again Christian."

I got tired of turning the other cheek.

Tired of being abused and intimidated.

That's when I started to pal around with Arrogant.

It wasn't long before we became the best of friends.

Why, Arrogant took away all my inferiorities and handed me an inflated ego second to none.

We could still be friends today, but I found out what Arrogant was doing to me.

Arrogant pulled the wool right over my eyes.

He was poisoning my whole system with vainglory, self-love and pride.

Had it not been for Sincerity, I would have been lost in the Land of Nod, the State of Confusion for-

ever!

Check out our
great new Transformer
subscription pricing:

\$15.00 for one year

\$25.00 for two years (save 17%)

\$35 for three years (save 22%)

~ *Subscribe/Renew on page 15* ~

Lawsuit to stop AVP in NH prisons dismissed

*Charles Oropallo (Cheery Charles)
Peterborough, New Hampshire, USA*

The first Alternatives to Violence Project (AVP) workshop held in New Hampshire happened at the New Hampshire State Prison in Concord in November 1992.

The vast majority of prisoners who have participated in workshops held in New Hampshire since that time have enjoyed their AVP experiences. Such was normally the feedback I received as that institution's Inside Coordinator when I held that position in 1995/1996.

Craig Davidson, currently incarcerated at the Concord facility, tried to eliminate AVP in the New Hampshire prison system. He sued the NH Department of Corrections, claiming that he had been ordered by corrections officials to participate in AVP.

Davidson's major allegation against AVP was that it was a "religious program" that he was mandated to attend.

The most energy expended in answering Davidson's complaint surrounded the issue of whether AVP is a religious program or not. Davidson picked out every biblical reference in the manuals he could find to use them against AVP. The stories about transforming power were the ones he found most "religious" in content. Unfortunately for Davidson, he did not realize that they were only stories articulating what some folks believe transforming power is to them—and not information put out in a workshop to convince participants that they ought to believe the same.

Ironically, had Davidson participated in a basic AVP workshop, he would have realized fully that AVP does not espouse any particular religion—which is (as AVP facilitators know) why it works all over the

planet!

At least one classification team had "recommended" that Davidson participate in AVP. Recommendations for anger management and related programs are routine for individuals who had been convicted of crimes involving violence.

A large part of the voluntariness problem that arises with such cases is what happens when a corrections official "recommends" a program. It is most often taken as a mandate by prisoners. Although most prisoners want to do what is necessary to be paroled or released, some will oppose the system in an effort to not participate in recommended programs.

This case underscores the importance of our own (AVP) rules of volunteering. Having to appear in court or attend depositions is a lot of time and energy expended by volunteers. In a grassroots organization such as ours, it can result in volunteers losing time from work and having to "volunteer" much more than they anticipated.

The bottom line is that our workshops are supposed to be voluntary. We cannot control what corrections personnel do. We can, however, make it clear that we operate a voluntary program and that it is voluntary because we respect each individual's right to involve him or herself in it. Those truly volunteering get the most from it.

The case was dismissed because corrections officials removed the recommendation from Davidson's records.

In facilities where the program is not voluntary, we are obliged by AVP bylaws to decline to operate the program.

The full text of the opinion is available for your perusal on the Transformer web site:

<http://theTransformer.us/Davidson.htm>

An AVP community workshop in Vermont

Charles Oropallo (Cheery Charles)
Peterborough, New Hampshire, USA

I had a wonderful opportunity to facilitate a community workshop in Burlington, Vermont August 8-10 with my wife (Susan Oropallo), Judy Varner, and Alan Taplow. It was the first time Susan and I had facilitated in a community workshop in the United States (we facilitated our first community workshop in Lagos, Nigeria in September 2002).

Since that workshop, one of its participants has continued with AVP by participating in her advanced workshop here in New Hampshire at our Laconia facility. She is now scheduled to participate in her Training for Facilitators here at our Concord facility.

It was fantastic to finally get to facilitate with Alan and Judy. They are both great facilitators and the

four of us each brought our own special talents and viewpoints to the workshop.

Alan is an excellent lead facilitator. He organized it all very well. Overall, Susan and I had a great time spending the weekend with Alan and his wife Maggie. We are really looking forward to having them to our place in New Hampshire.

Vermont does not put on any prison workshops at this time. Perhaps in the future that will happen again.



You're Someone Special

Jamie Chambers (Courageous Chambers)
Prisoner at James River Correctional Center
State Farm, Virginia, USA

You are something – and someone – very special. You really are. No one else in this entire world is exactly like you. There are so many beautiful things about you... You're a one of a kind treasure, uniquely here in this space and time. You are here to shine in your own wonderful way, sharing your smile in the best way you can, and remembering all the while that a little light somewhere makes a brighter light everywhere.

You can, and you do, make a wonderful contribution to this world. You have qualities within you that many people would love to have. You know that life doesn't always play by the rules, but, in the long run, everything will work out. You have so many treasures within you – those you're only beginning to discover, and all the ones you're already aware of. Never forget what a treasure you are. That special person in the mirror may not always get to hear all the compliments you so sweetly deserve. You are so worthy of such an abundance of friendship, joy, and love.

Several writings by Jamie Chambers were submitted by facilitator Don Ayers. They will be appearing in future Transformers! Thanks, Don & Jamie!
—Charles

Remember to check out the Transformer's very own website at
<http://theTransformer.us>

Also continue to check out
<http://AVPInternational.org>
for updates to the International Conference being held in New Zealand Jan 30 through Feb 3, 2004.

And for what's happening here at home:
<http://AVPUSA.org>

Special Offer for the Luther Sanders book!

Alan Taplow (Awesome Alan)
AVP Distribution Center
Plainfield, Vermont, USA

Just thought I'd let everyone know about the special offers for the book shown to the left, *The Road to the Kingdom*, by Luther Sanders:

Offer #1: For Prison Coordinators 10 Free Copies to any Prison Coordinator—send check to AVP Distribution Service for \$3.50 made out to AVP/USA, to cover Shipping & Handling costs. No Credit Cards unless the request accompanies an order for other publications. Additional copies @ \$2.50 each. The order must have the following information:

Prison Name: _____

Location: _____

Coordinator's Name, Address, Phone # & E-Mail
Name of Regional or Local AVP group or council

Offer #2: For Transformer Subscribers—1 Free Copy postpaid to anyone subscribing, renewing or extending a subscription by 2 or 3 years. These subscriptions should be sent to the AVP Distribution Service along with check or credit card information (Visa/MasterCard only).

2 Year individual Subscription = \$25.00

3 Year individual Subscription = \$35.00

Group Subscriptions: 5 or more paid at the same time: 2 yr = \$20.00, 3 yr = \$30.00

Peace, Alan

Alan Taplow - AVP Distribution Service
844 John Fowler Road
Plainfield, VT 05667
Phone / Fax 802-454-4675
manuals@avpusa.org

The AVP Distribution Service provides facilitators with a convenient source of Manuals and other workshop materials. It is 'volunteer administered' --- 98% of it's revenue goes back to the programs and services offered by AVP/USA.

THE ROAD TO THE KINGDOM

BY
LUTHER SANDERS



*I gave my heart to search out
By wisdom concerning all things
That are done under Heaven:
This sore travail hath God given
To the sons of man to be exercised
Therewith. Ecclesiastes 1:13.*

I became single-eyed, seeing only the good that people do. With my mind's eye I see them happy and successful in all their endeavors. —*The Author*

Here are the front and back covers of *The Road to the Kingdom* by Luther Sanders.

“The work in this volume reflects the deeply felt journey of spiritual awakening experienced by Mr. Sanders. It is a road not often taken, but it is the road for which our heart always yearns. I believe this book needs publication in these times because so many are searching for a deeper sense of fulfillment. For Luther Sanders, the episodes of personal revelation are expressed with veracity, in poetic prose-poems. I am grateful for having been led on the journey to see the places that have given him joy, sorrow, and wisdom.”

Mariah Britton
Associate Minister
Riverside Church
New York City

“The *Road to the Kingdom* is one of those rare books which blends the common man's experience with the metaphysician's inquisitive mind. Luther Sander's passionate journey into the spirit can inspire even a heart made of the most stubborn stone.”

Kurtis J. Lamkin
Poet, Writer, Teacher
The New School
New York City

AVP Distribution Center: Keeping the information and manuals flowing

*Charles Oropallo (Cheery Charles)
Peterborough, New Hampshire, USA*

Susan and I stayed with Alan Taplow and his wife Maggie while facilitating a community workshop in Vermont. That gave us the opportunity to check out the AVP Distribution Center.

The Distribution Center is the central location for the handling of all of our AVP books, manuals, Transformer subscriptions, CDs, videos, and more.



It is operated by Alan Taplow. Alan takes the operation of the AVP Distribution Center very seriously—as he ought to—since I believe it is the heart of the organization.

AVP really is a philosophy of nonviolent conflict resolution that its facilitators espouse. AVP facilitators enable others to further enable yet others to find nonviolent conflict resolution. I think of it as changing the world—a person at a time.

At the heart of this philosophy—used by all of our dedicated facilitators—are the very tangible written and visual materials carrying our message. These materials really do enable us to continue to get the message all around the world.

Alan really is to be commended for all the selfless work he does for the organiza-



tion. I cannot think of another position within the organization that requires the constant energy, time, and attention as does operating the AVP Distribution Center. And he volunteers it all—his energy, his time, and his attention. Thanks, Alan!

While staying at his place over a workshop weekend, one of my ulterior motives was to try to give folks a glimpse into Alan's operation.

Armed with my trusty digital camera, I took a number of shots that are shared on *(See "Distribution" on page 14)*



Ordering AVP Manuals and Publications

Core Publications:	Price	Qty
Basic Manual (indicate loose leaf or bound)	7.50	___
Advanced (2nd Level)	10.00	___
Supplement to Basic & Advanced	10.00	___
CD-ROM edition only — paper version is "out of print"		
Training for Trainers	10.00	___
Youth Manual (indicate loose leaf or bound)	10.00	___
AVP Organizing Kit	10.00	___
AVP Video	30.00	___
(VHS Format. 1 hour including 27 minute Belly of the Beast and 12 minute segments showing AVP, HIPP, & RAVE)		

Spanish Manuals — from PAV Mexico	Price	Qty
Basic (a translation of latest English edition)	15.00	___
Advanced	20.00	___
Training for Facilitators	10.00	___
(Older Basic Translations from Columbia & Costa Rica are still available-contact Distribution Service for ordering information)		

AVP Evaluations	Price	Qty
New Zealand AVP Evaluation (52 pp)	5.00	___
Delaware/Sloane AVP Study (24pp)	2.50	___
Testimonial Booklet -1988-AVPNY (20pp)	1.50	___
Walrath/Maryland AVP Evaluation (16pp)	1.00	___
Rwanda AVP Evaluation (24pp)	2.00	___

Other Items	Price	Qty
Transforming Power—Stories of AVP in Action	8.50	___
Collected by Hal Brody, Ed: Gini Floyd, Martin Hattersley		
Transforming Power for Peace (Larry Apsey)	7.00	___
How to Do Good After Prison (M.B. Jackson)	8.50	___
Walking Softly in an Alien World (P.McConnel)	4.00	___
AVP & Restorative Justice (Michael Bishoff)	2.00	___
Little Book of Restorative Justice (Zehr)	4.95	___
Koosh Balls — used in Pattern Ball exercise	3.95	___

Postpaid Pamphlets:	Price	Qty
Nonviolence & Community (Pendle Hill #323)	3.00	___
Overview & Background Packet (John Shuford)	1.00	___
AVP Worldwide Contact Directory	1.00	___
AVP/USA By -Laws & Policy Guide	1.00	___
Restorative Justice Pamphlet	1.00	___

Custom Printed Items*:	Price	Qty
AVP National Brochure*	15.00/C	___
Workshop Completion Certificates*	20.00/C	___

*These items can be customized for your local group—Contact Alan Taplow for details.

All manuals supplied as loose leaf pages except the Basic Manual and the Youth Manual, which are bound paperbound books. These are often preferred in prisons—easier to keep pages together. If you would prefer the Basic or Youth Manual as loose leaf pages, please circle "loose leaf" above.

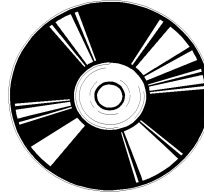
Shipping Charges: Circle "Priority Mail" or "Media Mail"

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(normally 2-4 days)	1.50 for ea additional item east of Mississippi
	2.00 for ea additional item west of Mississippi or south of Virginia
	2.25 for ea additional item west of Rockies
Media Mail:	2.00 for first item
(normally 7-14 days)	.50 for each additional item

SUPPLEMENT

Now On CD

Last year the decision was made to discontinue the printed version of the Supplement. It is again available, but in an Acrobat (.pdf) format. Exercises are easily searched and printed.



All Orders Must Be Prepaid:

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(“Distribution” continued from page 12) these pages.

Another donation that I thought was significant was that of the space in his garage and in his home. It really does take some space to store the cartons of items that Alan handles for us.

There are a few things I’d like to mention about the concept of purchasing items such as manuals, books, and Transformer subscriptions through the AVP Distribution Center. I’m sure they are just reminders for some, but I think we need to hear it occasionally.

One is that it is often less expensive to order manuals from the Distribution Center than it is to copy them. That’s especially true when thinking in terms of the work involved in copying and then maybe punching holes, etc.

Another is that when you purchase your materials through the Distribution Center, not only are you saving time, energy, and money, but you are supporting the Alternatives to Violence Project. Anytime you purchase

items from the distribution center those funds help to sustain the organization.

Every living thing needs nourishment. Sustaining the AVP organization keeps it alive and well, enabling it to nourish the philosophy of nonviolence.

AVP is about as “grassroots” as is possible. Just a collection of people with a similar goal.

One thing that delights me personally

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“I just do what needs to be done” —Alan Taplow



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(“Distribution” continued from page 14)

about AVP is that it is operated by volunteers. Real volunteers. People who get out there and do what needs to be done because we know the importance of making the world safe and believe in what we do. People who are doing it not because they are paid to do so, but because they really believe they are helping to make the world a better place for us all.

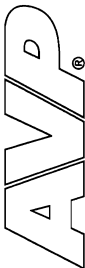
So, PLEASE, support AVP. Renew your Transformer subscription so we can continue to get them out at no charge for those who can’t pay for them. Order your books, manuals, videos, and even koosh balls through the AVP Distribution Center (see page 13) so we can continue to make the world a better place!

All AVP volunteers are to be commended!

Subscriptions = Support

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 Service, address on reverse. Correspondence or articles to
 the Transformer at the address below.

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