

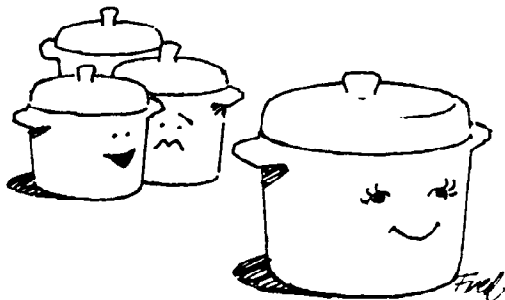
# the TRANSFORMER

of the Westchester-Fairfield Area Council

January-February 1986

## ANNUAL DINNER AND CELEBRATION

Share experiences with other leaders!  
Learn new exercises! Join the fun!  
Don't miss the Westchester-Fairfield  
Annual Dinner and Recognition of Leaders  
for 1985. Be sure to come to Purchase  
Meeting House at 4:30PM on Sunday, Jan-  
uary 19. The program will include new  
exercises from the new Basic Manual,  
new light & livelies and acknowledgements  
for all those people that worked  
so hard leading workshops in 1985.  
The pot luck dinner will start around  
6:30PM. Bring your favorite casserole  
and a friend!



*Gertrude is so dumb that she thinks  
"Pot Luck" means hitting the jackpot  
at Atlantic City!*

## WORKSHOP LEADERS NEEDED!!!

Facilitators are needed for many prison  
workshops, especially at Taconic and  
Greenhaven. Please call the Prison Co-  
ordinator if you can help.

## FEBRUARY BUSINESS MEETING

The next business meeting of the West-  
chester-Fairfield Area Council will be  
held at Purchase Meeting House on Tues-  
day, February 11, at 7:30PM. Important  
items on the agenda will be:

1. Plans for Leadership Training Work-  
shops.
2. Plans for Internship Program
3. Plans for March Educational Program
4. Reports from recent workshops

Please mark February 11 on your calendar  
and come to this meeting.

## AVP CALENDAR

- Jan 12 State Board Meeting at the Penn-  
1:00PM ington in Manhattan
- Jan 19 W/F Annual Dinner and Recognition  
4:30PM of Leaders at Purchase Meeting House
- Feb 11 W/F Business meeting at Purchase  
7:30PM Meeting House
- Mar 8 Statewide Council Meeting at  
11:00AM Albany Friends Meeting House
- Mar 9 State Board Meeting at Albany  
1:00PM Friends Meeting House
- Mar 16 W/F Educational Program and Pot  
4:00PM Luck Supper at Purchase Meeting  
House

## PRISON ENGLISH

Question: If an inmate says "If I was  
strapped, I sure wouldn't take no air-  
plane trip" what does he mean? See  
page 2 for answer.

AVP LEADERS TRAINING

Three Leadership Training Workshops will be offered in February. If you have friends that would like to become AVP leaders, please tell them about these workshops and take advantage of this special opportunity.

The Metropolitan Area Council will be offering two workshops, a Basic on the weekend of February 7-9 and a Training for Trainers on February 21-23. Both workshops will be held at the Pennington on 15th Street in Manhattan. Please contact Lee Stern or Allison Dench to register.

In addition, the Mid Hudson Area Council is offering a Basic in Poughkeepsie on the weekend of February 14-16. Please contact Larry Apsey to register.

MEDIATION LEADERS TRAINING

If you found the November Area Council program on the mediation approach to settling disputes of interest, and if you would like to become a mediator, there will be a Mediation Training Program offered in February.

The workshops will be led by Chris Owens and will be held at the Westchester Mediation Center of Cluster in Yonkers. They are looking for people who are willing to make a commitment to conducting mediation sessions. The training will be held on Thursday evening, February 13, Saturday, February 15, Friday Evening, February 19 and Saturday, February 20. Call Chris Owens at the number listed in the AVP Directory if you wish to register.

PRISON ENGLISH

Answer: No, he doesn't mean that he can't fly because he's short of cash. He means that he doesn't want to get caught at the airport with a weapon.

AVP MINI-WORKSHOPS FOR  
HEAD START LEADERS IN WESTCHESTER

Virginia Auster and Fran Salant will be working with Carol Dowdy in planning two three hour mini-workshops for her Head Start teachers. Carol is the director of the Head Start Program in Westchester and attended the Basic AVP Workshop held at Purchase Meeting House last June.

RECENT WORKSHOPS

Liza Moon, Fred Feucht and Ty Griese led a Basic Workshop at the Westchester County Penitentiary on November 1-3. This was Liza Moon's first workshop as a lead trainer. Congratulations Liza!

Betty and Rudy Cypser led an Advanced Workshop at Arthurkill on November 8-10 along with Carmel Kussman.

Carol Boyer was one of the leaders for the first workshop for the Division for Youth on Yonkers on November 19-21 along with Joan Ripp and Mary Gray Legg.

Soon Dench, Caroline Lane, Maya Wallich and John Perris led a Basic Workshop at Taconic on December 26-30

Soon Dench, Fran Salant and Pris Prutzman led a Basic Workshop at Bedford Hills on January 4-6.

PERSONAL NOTES

Lee Stern, one of the founding members of AVP, has recovered from his illness and is feeling much better. He is now back at work and planning to lead workshops.

Debbie Wood Has been appointed to the State AVP Board.

CONTRIBUTION TO AVP

Wilton Friends Meeting continues to be interested in the AVP program and has supported our efforts with a contribution to the Westchester-Fairfield Area Council.

## WORKSHOPS IN WESTCHESTER IN 1985

Listed below is a summary of the AVP program for the year along with suggested goals for 1986:

INSTITUTION	1983 ACTUAL	1985 ACTUAL	1985 ACTUAL	1986 GOALS
Sing Sing	6	10	5	8
Taconic	3	7	6	6
Bedford Hills	3	0	2	4
Westchester Jail	0	5	6	6
Other	1*	1*	2**	1
Leaders Training	<u>0</u>	<u>5</u>	<u>2</u>	<u>3</u>
Total	13	28	22	28

\* Woodfield Home

\* Woodfield Home and Division for Youth

There are long waiting lists for AVP workshops at Sing Sing and we would like to conduct more workshops there than in 1985. So far, all workshops there have been held in the Tappan Division. We hope to hold our first workshop on the "Hill" in 1986.

## NEW BASIC MANUALS

After years of dedicated effort, the State Education Committee has completed the new Basic Manual and it has all been set in type. The beautiful new manual will be out in early 1986 and will contain many new exercises and resource materials. Some of the new exercises will be used at the Annual Dinner in January.

## PRISON WORKSHOP EXPENSES

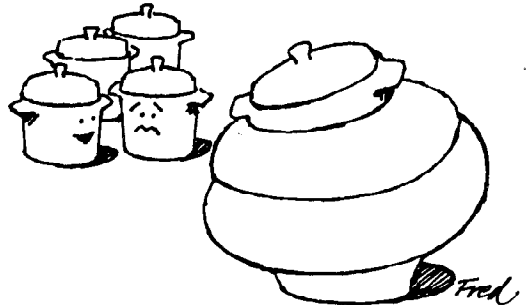
Have you turned in the expenses for the workshops you have led? We have funds to pay all the expenses for the workshops sponsored by Westchester-Fairfield. This includes workshop supplies, meals, phone calls and travel at .20 per mile. Send your expense reports to Fran Salant, our treasurer.

## WORKSHOP LEADERS FOR 1985

More people were active in leading workshops than ever before! A record of 37 people in the area council led workshops in 1985. The number after the name indicates the workshops completed.

Wayne Assing-1	Liza Moon-3
Virginia Auster-1	Chris Malmgreen-2
Roma Bernstein-2	Nancy Nothhelfer-1
Carol Boyer-2	Jim O'Brien-3
Cecelia Brown-1	Chris Owens-2
Betty Cypser-9	Rosa Packard-1
Rudy Cypser-6	John Ferris-1
Allison Dench-12	Pat Posner-5
Joan DiBlasi-3	Ned Roesler-1
Fred Feucht-7	Isabelle Labelle-1
Ty Griese-2	Frances Salant-1
David Hunt-1	Marge Schmitt-1
Ron Inskeep-2	Jane Shapiro-7
Anna Lamp-2	Charles Spain-1
Caroline Lane-1	Judy Wernick-1
Mary Link-1	Debbie Wood-2
Debbie McIlwaine-5	Bill Wood-2
Cynthia MacBain-1	Ann Wright-1
Ron McKay-1	

Please check to see if the number after your name is correct. Much of my information about workshops out of the area comes via the grapevine and sometimes my grapevine is less than accurate. Please call Fred Feucht about any corrections.



*Ever since Herb quit Weight Watchers and started going to AVP dinners, he's completely gone to pot!*

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 INTERNSHIP PROGRAM

AVP has an opportunity to develop student workshop leaders by establishing an internship program. We have made a connection Dr. Joseph Victor of Mercy College. Dr. Victor is the Coordinator of the Criminal Justice Studies Program and he feels that AVP would give his students first hand experience with prison inmates and the correctional system.

Working with the Metropolitan Area Council, we will be able to offer the students a Leadership Training Program in February and an opportunity to do one workshop a month for the remainder of the semester at Sing Sing or other prisons. As the first step, Dr. Victor has asked that we speak to his classes to tell them about AVP.

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## AVP TALKS

We need people that are willing to spread the word about AVP. At this time, we need one or two people that would like to talk to classes at Mercy College, tell them a little about your experiences as an AVP Leader and hand out brochures about the program. Please call Fred Feucht if you are interested.

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## CORRECTIONS TO AVP DIRECTORY

Please add the following address changes and corrections to your AVP Directory:

Carol Boyer                    H 914 832-1684  
RD 1, Box 388  
Wingdale, NY 12594

David Hunt                    H 203 531-7661  
8 Highland Place  
Greenwich, CT 06830

Manny Lindenbaum            H 201 363-5029  
61 Sams Road  
Jackson, NJ 07527

Virginia Auster                H 203 227-1307

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Joan DiBlasi                    H 914 832-6184  
 Ty Griese                        37 Rice's Lane  
 Liza Moon                        H 914 737-0458  
 Jim Richards                    RD 1, Box 149  
 Maya Wallach                    379 Grand Street  
 Gus & Marge Zybas            RD 3, Box 426

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## AVP GOALS FOR 1986

At the Annual Meeting in September, nine goals were adopted for New York State. We hope to achieve each of these goals by the next annual meeting.

1. Make outline of principles to follow in a workshop for corrections officers and conduct at least two.
2. Recruit a coordinator for each prison.
3. Get a process for managing team conflicts.
4. Improve our position with the New York Yearly Meeting Whitmess Coordinating Committee. (Major funding source)
5. Establish a mechanism for ongoing dialogue and support among outside prison coordinators.
6. Publish a list of active outside trainers, indicating extent of involvement.
7. Publish a list of inside trainers.
8. Improve attendance at Area Council Meetings.
9. Clarify goals and principles with the Board of Parole concerning voluntary attendance at workshops and pressure to attend program.

Significant progress has already been made in achieving many of these goals.

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## AVP WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	A/C	COORDINATOR	TRAINERS
* Jan 4-6	Bedford Hills	Basic	WF	DiBlasi	Dench Salant Prutzman
L Jan 10-12	Bayview	Basic	Met	Dench	Dench
Jan 10-12	Wallkill	Basic	MH	Veseley	Veseley
Jan 10-12	Wallkill	Basic	MH	Veseley	Ripp
L Jan 17-17	Greenhaven	Basic	MH	Smythe	
L Jan 17-19	Greenhaven	T/T	MH	Smythe	Smythe
L Jan 17-19	Fishkill	Basic	MH	Angell	Legg
L Jan 17-19	Fishkill	Adv	MH	Angell	Angell
Jan 17-19	Owego (c)	Basic	ST	O'Connell	O'Connell
* Jan 24-26	Sing Sing	Basic	WF	Feucht	McIlwaine B&R.Cypser Labelle
Jan 24-26	Eastern	Basic	D	Zybas	Zybas
* Feb 7-9	Sing Sing	Adv	WF	Feucht	Posner Ripp D.Wood
L Feb 7-9	Pennington (c)	Basic	Met	Stern	Dench Lindenbaum
L Feb 14-16	Poughkeepsie (c)	Basic	MH	Apsey	Apsey
L*Feb 17-19	Taconic	Adv	WF	Feucht	Auster
L Feb 21-23	Pennington (c)	T/T	Met	Stern	Dench Lindenbaum
Feb 21-23	Fishkill	Basic	MH	Angell	Angell B.Cypser
Feb 21-23	Fishkill	Basic	MH	Angell	Legg R.Cypser
Feb 21-23	Eastern	Basic	D	Zybas	Zybas
Feb28Mar2	Birmingham,MI(c)	Basic	MH	Angell	Angell Paisley?
* Mar 7-9	Sing Sing	T/T	WF	Feucht	McIlwaine Posner MacBain
Mar 15-18	Owego (c)	T/T	ST	O'Connell	O'Connell
Mar 21-23	Eastern	Basic	D	Zybas	Zybas
L Mar 28-30	Camp Beacon	Basic	MH	Angell	Angell Legg
L*Mar31Apr2	Taconic	Basic	WF	Feucht	
L*Mar31Apr2	Taconic	T/T	WF	Feucht	
L Apr 18-20	Greenhaven	Basic	MH	Smythe	
L Apr 18-20	Greenhaven	Adv	MH	Smythe	
Apr 18-20	Fishkill	Adv	MH	Angell	Angell Beetle
Apr 25-27	Eastern	Basic	D	Zybas	Zybas
May 23-25	Fishkill	Basic	MH	Angell	Angell McIlwaine
May 23-25	Eastern	Basic	D	Zybas	Zybas
L Jun 13-15	Fishkill	Basic	MH	Angell	Angell D.Wood

L Additional leaders needed

(c)Community Workshop

? Tentative or unconfirmed schedule

\* Coordinated by Westchester-Fairfield

If you have any articles for the newsletter, please send them to Fred Feucht.

We can also print photographs from any AVP events. (B&W prints preferred)

Newsletter Editor: Fred Feucht

ALTERNATIVES TO VIOLENCE PROJECT INC  
Westchester-Fairfield Area Council  
208 West Old Mill Road  
Greenwich, Ct. 06830



*For all AVP Members ~*

*Let's have a get together and supper to celebrate the success of our 1985 season and to acknowledge those who led workshops; Sunday, January 19, at Purchase Meeting House.*

*We're planning a special program of new exercises and light & livelies begining at 4:30PM. Dinner will begin at 6:30PM. Please bring a casserole or salad. Desert and beverages will be provided.*