

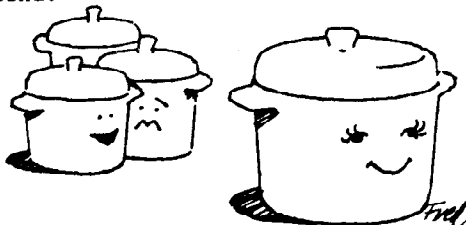
the TRANSFORMER

of the Westchester-Fairfield Area Council
January-February 1987

AVP CALENDAR

Feb 8	Annual Dinner & Celebration
4:00-8:00	Purchase Friends Meeting
Feb 22	Education Committee Meeting
3:00-7:00	Nancy Nothhelfer's House
Mar 10	Westchester-Fairfield Meeting
7:30-9:30	Purchase Friends Meeting
Mar 21	Statewide Council Meeting
11:00-5:00	Albany Friends meeting
Mar 22	State Board Meeting
1:00-5:00	Albany Friends Meeting
Apr 25	Imaging the Future of AVP
9:00-5:00	Purchase Friends Meeting
May 12	Westchester-Fairfield Meeting
7:30-9:30	Purchase Friends Meeting
May 16	Statewide Council Meeting
11:00-5:00	Zybas house, Walton, NY
May 17	State Board Meeting
1:00-5:00	Zybas House, Walton, NY
Jun 12-14	The Man-Woman Workshop
Weekend	Purchase Friends Meeting

Please mark these important dates in your calendar or datebook and plan to attend.



Gertrude is so dumb that she thinks "Pot Luck" means hitting the jackpot at Atlantic City!

ANNUAL DINNER AND CELEBRATION

Celebrate the success of the AVP program in 1986! Share experiences with other leaders! Learn new exercises! Don't miss the Westchester-Fairfield Annual Dinner and Recognition of Leaders for 1986. Come to Purchase Meeting House at 4:00PM on Sunday, February 8. This program has been rescheduled from January 25 to let all AVP football fans watch the Superbowl.

We hope that all of the 30 trainers that led workshops in 1986 will attend.

The pot luck dinner will start around 6:00PM. Bring your favorite casserole or salad and a friend!

THE MAN-WOMAN WORKSHOP

A second level community workshop that explores the man-woman relationship will be held at Purchase Meeting House on the weekend of June 12-14, 1987

This workshop will focus on getting in touch with the sexual side of ourselves in our most human aspect. It will also help us to find ways to interact with the sexual side of others in ways that respect both ourselves and the other person.

The following topics are issues that may be explored in the workshop:

1. Manipulation and Exploitation
2. Sexual Roles and Stereotypes
3. Self Image and Self Acceptance
4. Sexuality and Violence
5. Developing Positive Responses to Sexually Charged Situations

THE MAN-WOMAN WORKSHOP (CONTINUED)

The workshop is being planned by the AVP Education Committee and will serve as a prototype for second level prison workshops on this topic. The members of the leadership team will include Ellen Flanders and Nancy Nothhelfer. The cost of the workshop will be \$40.00

and scholarship help is available to those that need it. The workshop will be limited to 20 participants and is open to all that have taken the Basic AVP Workshop. To reserve a space in the workshop, send a \$10.00 deposit to Fred Feucht.

MARCH BUSINESS MEETING

The next business meeting of the Westchester-Fairfield Area Council will be held on Tuesday, March 10 at 7:30PM at Purchase Meeting House. Important items on the agenda will be:

1. Plans for The Man-Woman Workshop
2. Plans for Imaging the Future of AVP Workshop
3. Reports from recent workshops
4. Plans for future workshops

Please mark March 10 on your calendar and bring your ideas to this meeting.

WORKSHOP GOALS FOR 1987

In the December Area Council Meeting the following goals were set for Westchester-Fairfield:

INSTITUTION	GOAL				
	1983	1984	1985	1986	1987
Sing Sing	6	10	5	11	12
Taconic	3	7	6	6	6
Bedford Hills	3	0	2	3	3
Westchester Jail	0	5	6	2	1
Leaders Training	0	5	2	3	3
Other	<u>1</u>	<u>1</u>	<u>2</u>	<u>1</u>	<u>1</u>
Total	13	28	22	26	26

IMAGING THE FUTURE OF AVP WORKSHOP IN ALBANY

A dozen AVP leaders met in Albany on December 13 to visualize the kind of work AVP will be doing in the year 2,000. Many images emerged about an organization that was working across the country and around the world, not just in New York State. An organization that is helping to resolve conflicts within the family and the community and even among nations, not just working in prisons. Images emerged about continuing support programs for inmates, youth and families, not just three day workshops.

Those that attended the all day workshop enjoyed learning the imaging process and found sharing their visions of the future exciting and exhilarating. In the workshop, participants decide that they wanted to conduct imaging workshops in each area council as the next step.

IMAGING THE FUTURE OF AVP WORKSHOP AT PURCHASE

What will AVP be doing in Westchester-Fairfield in the year 2,000? It is up to us!

In the last three years the number of AVP workshops has increased between 20 and 30 percent each year! The program is spreading to other states and even to other countries. We now have the potential of substantial fund grants for new types of programs thanks to the work of Steve Angell.

Experience the Imaging Process and share your visions of the future. Attend the one day imaging workshop at Purchase Friends meeting on Saturday, April 25 from 9:00AM to 5:00PM. Call Fred Feucht if you plan to attend.

MEDIATION LEADERS TRAINING

Many AVP leaders may be interested in the Mediation Process as a conflict resolution technique. One of our AVP leaders, Chris Owens, is also the full-time director of the highly successful, Westchester Mediation Center in Yonkers.

If you would like to become a mediator, there will be a Mediation Training Program offered in January and February led by Chris Owens.

The training program will involve three evening sessions and one Saturday session. The sessions are scheduled for January 21, 28 and 31 and February 4.

Successful completion of this training together with a period of supervision and evaluation will authorize volunteers to work within the N.Y.S Office of Court Administration Community Dispute Resolution Center Program. Volunteers are asked to make a commitment of two evenings or afternoons per month for a one year period following their training. There is a \$25.00 materials fee for trainees. The fee covers refreshments and supplies. Please contact Christopher Owens at the number listed in the AVP Directory if you are interested.

WORKSHOP LEADERS FOR 1986

The successful program in 1986 was only possible because of the thousands of hours of work given by more than thirty facilitators in 1986. The number after the name indicates the workshops conducted.

Virginia Auster-4	Jim O'Brien-4
Betty Cypser-8	Chris Owens-2
Rudy Cypser-5	John Ferris-1
Allison Dench-11	Pat Posner-5
Fred Feucht-7	Isabelle LaBelle-2
Ellen Flanders-2	Frances Salant-2
Ty Griese-2	Alan Sklar-1
Ruth Griffiths-1	Aileen Steiner-1
David Hunt-2	Chuck Swalm-2
Ron Inskeep-1	Miriam Swartz-1
Anna Lamp-1	Joyce Warner-1
Mary Gray Legg-2	Bill Wood-1
Cynthia MacBain-2	Debby Wood-3
Debbie McIlwaine-4	Bob Zimmerman-1
Liza Moon-1	Eunice Zimmerman-1
Nancy Nothhelfer-2	

Please check to see if the number after your name is correct. Information about workshops out of the area comes by the grapevine and is sometimes inaccurate. Call Fred Feucht about any corrections.

PERSONAL NOTES

Caroline Lane has been awarded a grant as a teacher-researcher from Teachers College Columbia. She is quite excited about the project and will be attending seminars several evenings a month until June. As part of the project she will be keeping data on her work with the children in her classrooms. Because of this commitment, Caroline must take a vacation from AVP. We will miss her.

Ron Inskeep won't be doing any of his marvelous Tai Chi demonstrations for a few months. Before Christmas, Ron sprained his ankle, fell and shattered

his kneecap. His kneecap is now held together with pins and bailing wire and he has a cast up to his hip. Any attractive ladies that would like to autograph his cast can make appointments by calling him in White Plains.

Debbie McIlwaine is still glowing from her thrilling trip to India sponsored by the Himalayan Institute. She and he husband, John, visited temples in South India and spent a week in the Himalayan Institute Ashram north of New Delhi. Debbie found the experience very enlightening.

PERSONAL NOTES (CONTINUED)

Joyce Veseley, who many know from workshops at Wallkill, is now at home recovering from a serious auto accident. She is suffering from multiple fractures to the chest and legs and considers herself fortunate to be alive. She spent several weeks in the hospital. She asks to be remembered in your prayers and hopes to regain the use of her legs. Cards and letters will be appreciated.

NEW COORDINATOR AT TACONIC

Betty Cypser has agreed to take over coordination of AVP Workshops at Taconic. The workshops at Taconic are always held on weekdays like the workshops at Bedford Hills. Workshops are planned for

February 18-20 and April 13-15. If you would like to be on a team at Taconic or Bedford Hills, Call Betty Cypser or Fran Salant.

RECENT WORKSHOPS

Ron Inskeep, Virginia Auster and Ruth Griffiths, along with inmate trainers conducted a Basic Workshop in the Tappan Section of Sing Sing on November 21-23.

Pat Posner, Isabelle LaBelle and Alan Sklar along with inmate trainer Henry Johnson conducted a Basic Workshop in the Maximum Security Section of Sing Sing on December 12-14.

Allison Dench and Joyce Warner along with inmate trainers conducted a Basic Workshop at Taconic on December 29 & 30.

AVP GOALS FOR 1987

At the December Statewide Council Meeting in Albany, the following nineteen goals were established for 1987. We hope to achieve these goals by the next Annual Meeting in September.

1. Revise Second Level Manual
2. Prepare a Training for Trainers Manual
3. Develop a workshop in the area of sexuality (including sexism)
4. Obtain a computer and printer for use of the Education Committee
5. Establish a process for the Education Committee to communicate with and receive feedback from AVP Members regarding educational materials
6. Do one community workshop with families of inmates
7. Establish a support group for AVP graduates who are released from prison and obtain approval for these meetings from the Board of Parole
8. Conduct AVP training in at least three new states, when requested
9. Develop a core of trainers in the Rochester-Buffalo area
10. Start workshops for prisoners in New Jersey

11. Develop a video on AVP for fund raising, recruiting and public relations
12. Establish a Public Relations Committee for AVP
13. Translate the Basic manual into Spanish
14. Explore and evaluate alternate workshop formats
15. Do four workshops for different segments of the community other than prisons and leadership training
16. Hold two workshops for in-service training of AVP facilitators
17. Send AVP leaders to at least one national workshop
18. Recruit more volunteers for the Financial Development Committee
19. Publish a complete list of AVP outside facilitators

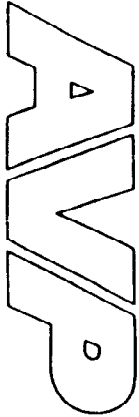
In addition, the Statewide Council set a goal of 150 workshops in 1987 based on the goals established by each area council. This is a 20 percent increase over 1986.

If you are specifically interested in working on one of these goals or projects contact Steve Angell, Ellen Flanders or Fred Feucht.

AVP WORKSHOP SCHEDULE

DATE	INSTITUTION	TYPE	AC	COORDINATOR	LEADERS
Jan 2-4	Otisville State	Adv	MH	Wallach	Wallach Patti
Jan 4-4	Dayton, O (c)	T/T	MH	Angell	Angell
Jan 9-11	Poughkeepsie(c)	T/T	MH	Angell	Angell Martin
Jan 9-11	Greenhaven	Basic	MH	West	West
Jan 9-11	Greenhaven	Basic	MH	West	?
Jan 9-11	Arthurkill	Basic	Met	Kussman	Kussman
Jan 16-18	Sing Sing Tappan	Basic	WF	Feucht	Legg Gustavson
Jan 23-25	Chapel Hill NC	T/T	MH	Angell	Angell Paisley
Jan 23-25	Eastern	T/T	D	Zybas	Zybas
Jan 23-25	Owego(c)	Adv	ST	O'Connell	O'Connell & ?
Jan29Feb1	Fishkill	Adv	MH	Angell	Angell Sollman
Feb 13-15	Arthurkill	Basic	Met	Kussman	Kussman
Feb 13-15	Owego(c)	Basic	ST	O'Connell	O'Connell & ?
Feb 18-20	Taconic	Basic	WF	Cypser	?
Feb 20-22	Sing Sing Max.	Basic	WF	Feucht	Feucht Delahanty Sklar
Feb 20-22	Eastern	Basic	D	Zybas	Zybas
Feb27Mar1	Fishkill	Adv	MH	Angell	Angell & ?
Feb27Mar1	Woodburne	Basic	D	Zybas	Zybas
Mar 6-8	Greenhaven	Basic	MH	West	?
Mar 6-8	Greenhaven	Adv	MH	West	?
Mar 9-11	Camp Beacon	Basic	MH	Angell	Angell & ?
Mar 10-11	Otisville Fed.	Basic	MH	Lindenbaum	?
Mar 10-11	Otisville Fed.	Adv	MH	Lindenbaum	Lindenbaum & ?
Mar 13-15	Otisville	Basic	MH	Wallach	Wallach & ?
Mar 14-15	Owego(c)	T/T	ST	O'Connell	O'Connell & ?
Mar 20-22	Sing Sing Tappan	Adv	WF	Feucht	Owens Posner Sklar
Mar 27-29	Greenhaven Annex	Basic	MH	Angell	Angell & ?
Mar 27-29	Eastern	Basic	D	Zybas	Zybas
Apr 3-5	Greenhaven	Basic	MH	West	?
Apr 3-5	Greenhaven	Basic	MH	West	?
Apr 10-12	Sing Sing Max.	Adv	WF	Feucht	?
Apr 13-15	Taconic	Adv	WF	Cypser	?
Apr 13-16*	Bedford Hills	Basic	WF	Salant	?
Apr 24-26	Eastern	Basic	D	Zybas	Zybas
May 1-3	Fishkill	Basic	MH	Angell	Angell & ?
May 8-10	Greenhaven	Basic	MH	West	?
May 8-10	Greenhaven	Adv	MH	West	?
May 15-17	Sing Sing Tappan	T/T	WF	Feucht	Feucht & ?
May 29-31	Fishkill	Basic	MH	Angell	Angell & ?
May 22-24	Eastern	Basic	D	Zybas	Zybas
Jun 12-14	Purchase(c)	Adv	WF	Feucht	Flanders Nothhelfer
Jun 19-21	Otisville State	Basic	MH	Wallach	Wallach & ?
Jun 19-21	Fishkill	Adv	MH	Angell	Angell & ?
Jun 19-21	Sing Sing Max.	T/T	WF	Feucht	?
Jun 26-28	Eastern	Basic	D	Zybas	Zybas
Jul 10-12	Owego(c)	Basic	ST	O'Connell	O'Connell & ?
Jul 17-19	Greenhaven Annex	Adv	WF	Angell	Angell & ?
Sep 5-7	Otisville State	Adv	MH	Wallach	Wallach & ?
Sep 25-27	Owego(c)	Basic	ST	O'Connell	O'Connell & ?
Nov 6-8	Owego(c)	Adv	ST	O'Connell	O'Connell & ?
Nov 13-15	Otisville State	Basic	MH	Wallach	Wallach & ?

? Additional leaders needed * Four days, 9:00 to 4:00 only



ALTERNATIVES TO VIOLENCE PROJECT, INC.
Westchester-Fairfield Area Council
Purchase Friends Meeting
Purchase and Lake Streets
Purchase, NY 10577

THE
MAN-WOMAN
WORKSHOP

ANNUAL DINNER
AND CELEBRATION
FEBRUARY 8

IMAGING
THE FUTURE OF AVP

MEDIATION
LEADERS TRAINING

AVP GOALS
FOR 1987

NEW WORKSHOP
SCHEDULE

Newsletter Editor: Fred Feucht

Articles for the newsletter by AVP members would be greatly appreciated, especially stories or special experiences from workshops. In your next workshop, please write a paragraph about a high point or humorous event and send it to Fred Feucht. Contributions from inmates will also be appreciated.
